

ATLANTA HOMESTM LIFESTYLES

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Color!*





SUPERBLY SWISS

The Alpina Gstaad taps a new level of chalet chic

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AMONG POSH MOUNTAIN RESORTS and wellness destinations, Gstaad stands out for its classic chalet architecture, elegant promenade shopping and gentle ski pistes. Nestled in a corner of southwest Switzerland known as Saanenland, the alpine village sparkles in winter with the warm glow of holiday cheer, while summer beckons for hiking, leisure and outdoor pursuits.

Despite attracting a celebrity and jet-set crowd, Gstaad's key players nurture the village's understated style and authentic mountain culture, proudly claiming to have as many cows as people. Nonetheless, a bon vivant vibe persists, and five five-star hotels grace the landscape.

Newest among the upscale retreats, The Alpina Gstaad sits on a coveted perch overlooking bucolic pastures and valleys framed by snowcapped peaks. The luxury hotel, opened in 2012, was the

first to be built in the village in 100 years, ushering in a fresh approach to alpine chic.

Award-winning interior design by globally acclaimed Hirsch Bedner Associates features airy, uncluttered spaces fitted with reclaimed timber from old barns and chalets. Mountain quartz is fashioned into contemporary accessory pieces, and original farmhouse antiques are repurposed as minibars and consoles.

The 56 guest rooms and suites highlight local tradition with artisan woodwork, paper-cutting craft (*scherenschnitte*) and sleek pendant lights resembling the classic Swiss cowbell. Inspired book collections and fur throws give a homey feel, and throughout the hotel, the ambient warmth of wood envelops a harmony of textures and soothing tones.

From the Cuban-style cigar lounge and Michelin-starred dining to a private cinema and remarkable art collection, The Alpina aims to kindle the sensory experience. Chief among the amenities is Six Senses Spa, a holistic destination spa inspired by Asian wellness traditions and the energy of the Alps.

All senses are heightened as guests relax with therapeutic spa treatments in atmospheric spaces that emulate the alpine setting—curved walls of timber and stone, cascading waterfalls and coo-nok nooks, including a Himalayan salt room.

Glacier peaks provide the backdrop for movement classes in a dreamy outdoor pavilion, and Six Senses' renowned therapists offer innovative programs including yogic sleep, Tibetan healing and silence retreats. The newest offering, integrated wellness, provides an assessment of one's physiological biomarkers and a personalized plan for improving health and vitality.

Gstaad's village motto, "come up, slow down," is a recurring theme, and The Alpina sets the stage with inventive design for contemporary comfort and a holistic approach to the well-being of guests, exemplifying the best in Swiss soigné style.
thealpinagstaad.ch



top right Guests may enjoy a soak in the indoor jacuzzi and pools at the Six Senses Spa. *middle row, left to right* The Alpina's Swiss Stübel Restaurant; Six Senses movement classes at outdoor pavilion. *below* Winter at The Alpina Gstaad. *opposite, top to bottom* Six Senses Spa pool at The Alpina Gstaad. Luxurious accommodations at the Alpina Junior Suite.

